**SWD App**

**Subject Area:** Self-Help / Education

**App Title**: My Life Skills Box

**App Price**: Free (.99c for additional upgrades)

**Languages:** English

**Rationale:** My Life Skills Box allows a child to learn about life.   
The application teaches children the necessary skills for three very important environments; *Everyday life skills* (are activities such showering, getting dressed, brushing teeth, and appropriate behavior in public and school environments), *Social skills* (children will learn techniques to cope with different social situations and problem solving) and *Playing with Functional Objects* (children will learn how to use objects for play).

**Standards**

**ISTE Standards for Students**

* **5.b Digital citizenship** Exhibit a positive attitude toward using technology that supports collaboration, learning, and productivity

**ISTE Standards for Teacher**

* **1.b Facilitate and inspire student learning and creativity** Engage students in exploring real-world issues and solving authentic problems using digital tools and resources

**New York State P-12 Common Core Standards**

* **Standard Strand**: Physical Development and Health: Foundational Skills
  + **Grade**: K
  + **Topic**: Health and Well Being
  + **Item number and statement**: 7.    Demonstrates personal care and hygiene skills. a) Demonstrates growing independence in using personal hygiene skills (e.g., washing hands, brushing teeth, toileting, etc.)
* **Standard Strand**: Social and Emotional Development: Foundational Skills
  + **Grade**: K
  + **Topic:** Self Concept and Self Awareness
  + **Item number and statement**: 1. Recognizes himself/herself as a unique individual having his/her own abilities, characteristics, feelings and interests. f) Identifies the range of feelings he/she experiences, and that his/her feelings may change over time, as the environment changes, and in response to the behavior of others.
* **Standard Strand**: Social and Emotional Development: Foundational Skills
  + **Grade**: K
  + **Topic:** Self Regulation
  + **Item number and statement**: 2. Regulates his/her responses to needs, feelings and events. a) Expresses feelings, needs, opinions and desires in a way that is appropriate to the situation.

**Ontario Curriculum Expectations**

* **Standard Strand**: Health: Children make healthy choices and develop physical skills
  + **Grade**: K
  + **Topic**: demonstrate an awareness of health and safety practices for themselves and others and a basic awareness of their own well-being
  + **Item number and statement**: 1.3 practice and discuss appropriate personal hygiene that promote personal, family, and community health
* **Standard Strand**: Health: Children make healthy choices and develop physical skills
  + **Grade**: K
  + **Topic**: demonstrate an awareness of health and safety practices for themselves and others and a basic awareness of their own well-being
  + **Item number and statement**: 1.5 discuss what makes them happy and unhappy, and why
* **Standard Strand**: Emotional Development
  + **Grade**: K
  + **Topic**: Children have a strong sense of identity and well-being.
  + **Item number and statement**: 2.1 demonstrate self-reliance and a sense of responsibility (e.g., make choices and decisions on their own, take care of personal belongings, know when to seek assistance, know how to get materials they need).